



AVÓ FRUT

By: **BLU FOOD**
GROUP LLC



"We believe in doing things with love. **For 16 years we have nurtured tradition and excellence in avocado cultivation**, with the passion and respect that our land deserves. For us, it is not just about a fruit, but about sharing its authenticity, its flavor, and its virtues with the world."

committed to
Quality,
inspired by
Trust



About Us



The Avocado

Avocado is a unique fruit: it combines nutrients, flavor, and benefits that are not found together in any other natural food. Its composition makes it an exceptional ally for energy, health, and daily well-being.

Vision

Heart healthy fats

Its monounsaturated fatty acids help reduce bad cholesterol and protect cardiovascular health.

Fiber that aids digestion

It contributes to better intestinal function, greater satiety, and a more balanced metabolism.

Essential vitamins and antioxidants

It provides vitamins E, C, K, and B, as well as antioxidant compounds that support the immune system and fight oxidative stress.

Potassium and essential minerals

It contains more potassium than the banana, helping to regulate blood pressure and muscle function.



Maturation Time



6 to 5 Days

4 to 3 Days

2 to 1 Days

Ripe

This is how its flavor and texture





Caliber	Weight Range	Category	Mexico	Japan	USA	Canada	EU
32 Caliber	+ than 330 gr	Super	32	32	32	12	12
36 Caliber	300 to 330 gr	Super	36	36	36	14	14
40 Caliber	265 to 300 gr	Super	40	40	40	16	16
48 Caliber	205 to 265 gr	Extra	24	24	48	18	18
60 Caliber	170 to 205 gr	Premium	30	30	60	22	22
70 Caliber	150 to 170 gr	Medium	70	70	70	24	24
84 Caliber	120 to 150 gr	Commercial	84	84	84	26	26

Calibers



“Our fresh Hass avocados are available in packaging that suits different market needs: **cardboard boxes of 4, 6, and 11.3 kg, as well as plastic boxes of 10 and 23 kg.**”



Presentations/sizes



Custom Branding

All packaging can be customized with branding, both on boxes and labels, enhancing your brand's presence at the point of sale.

Your brand here



Customization



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Avocados, done right

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Let's stay in touch